






2025 Tompkins High School Strength & Conditioning Camp



Week 1
June 2nd-5th
Mon. thru Thur.

Week 2
June 9th-12th
Mon. thru Thur.

Week 3
June 16th-19th
Mon. thru Thur.

Week 4
June 23rd-26th
Mon. thru Thur.

Week 5
July 7th-10th
Mon. thru Thur.

Week 6
July 14-17
Mon. thru Thur.



***No Camp Week of July 4th**



Session 1
8am-10am

Grades 10-12
Boys Contact
Sports

Session 2
9am-11am
Grades 10-12
Boys Non-Contact
Sports
Grade 9 Boys
Contact Sports
&
All 9-12 Girls
Athletes

Session 3
11am-12:30pm

Grades 7-8
All Sports

- Must be Zoned to Tompkins HS in order to attend camp
- Must have a current physical on file
- Water will be available to all campers

For more information, please contact: Coach Fancher

- Phone: 281-234-1640
- EzekielhFancher@Katyisd.org